

BEDSIDE COMMODES

There are a variety of different styles of Bedside Commodes. Selection of the appropriate model depends on the physical limitations of the user and where it will be used. Most models fall into one of the following categories: (Basic, Drop Arm, and Over-Toilet)

For ALL models

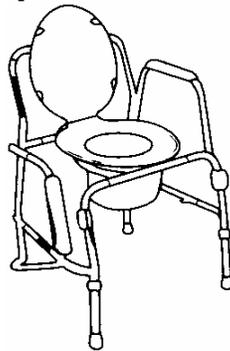
It is important that the user exert force only straight down in a vertical direction when getting up and down or transferring to and from the seat. Any significant force in a horizontal direction is likely to cause the commode to slide on the floor or even to tip over. Bedside Commodes are relatively light in weight and are not anchored to the floor like the conventional bathroom toilet.

Basic Models

These models answer the needs of users who can walk but can't contend with a flight of stairs or the distance involved to get to the bathroom. To use these models, it is necessary for the user to be able to stand, pivot, and sit down safely.

Bedside Commodes have provisions for adjusting the seat height to the most functional level for the user. Increased seat heights offer greater independence and safety when sitting down and rising from the seat. This adjustment is accomplished by pressing the spring-tension buttons on each leg and telescoping the leg in or out to the desired length. Care should be taken to see that the spring-tension buttons pop back out and lock securely into the selected hole. For individuals who have difficulty bending at the hip, the two back legs of the commode can be set higher than the two front legs to provide a sloping seat.

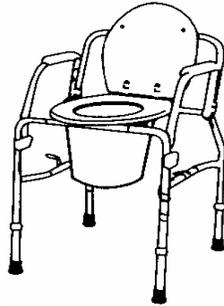
Drop-Arm Models



These models provide for the needs of non-ambulatory users by permitting lateral or sliding transfers to and from beds, chairs, or wheelchairs. The arm on either side can easily be dropped down out of the way by activating the release mechanism.

Seat height adjustment on the Drop Arm Commode is accomplished in the same manner as on the basic model bedside commode. The seat height should be set to the same level as the bed, chair, or wheelchair from which the user will transfer.

Over-Toilet Models (Three-In-One Commodes)



These models are sometimes referred to as Backless Commodes or Three-In-One Commodes. They are available in either Basic or Drop-Arm versions and provide toilet facilities at bedside just as the two previous models. The unique feature of the Over-Toilet Model is that it can also be positioned over the regular bathroom toilet to provide adjustable seat height as well as assistance in getting up and down. Some users find it convenient to have the unit in the bathroom during the day but at the bedside at night.

To change from the Bedside to the Over-Toilet configuration, simply remove the container and replace it with the splash guard that is furnished with this model. Both the cover and seat of the regular bathroom toilet should be raised to the upright position before putting the Over-Toilet unit in position. Seat height adjustment for these models is accomplished exactly the same as for the Basic and Drop-Arm Commodes.

If the Manufacturer's, Physician's or Therapist's instructions differ in any way from those given here, follow their instructions explicitly. This material is for information purposes only and is provided by Enos Home Oxygen.