

Raised Toilet Seats

Raised Toilet Seats are helpful to those who have difficulty getting up and down from the regular home toilet. These devices provide a great deal of safety and independence for the user. A wide choice of features is available on different models and the appropriate selection of features will depend upon your particular needs.

All raised toilet seats have at least two common features:

- Some type of clips or brackets to help stabilize the seat on the toilet rim. If even greater stability is required, there are also models with locking brackets that clamp securely to the rim of the toilet.
- Splash guards are provided on the underside of the seat.

On all models, it is wise to exercise care, discretion, and common sense when sitting down or rising from the seat. If at all possible, sit down on the seat centered over the opening rather than sitting on the front edge and sliding back over the opening, and do not slide forward to position yourself on the front edge of the seat to stand. These maneuvers can cause the seat to flip forward and could result in a fall. If it is not possible for you to avoid these maneuvers, it is absolutely essential that your Raised Toilet Seat be equipped with rear locking brackets and that these brackets be tightened securely at all times. If it is necessary for you to do lateral or sliding transfers to and from the seat, you should select a model with locking brackets, front and rear.

If you will be sitting for long periods, you may need a padded seat. If you have impaired sensation or skin pressure problems, you will need a heavily padded model.

If you need to be able to easily reach the perineal area for insertion of a suppository, digital stimulation, or just for personal cleaning, select a model that provides open access in which ever direction is best for you.

Finally, you should seriously consider the use of Toilet Safety Rails in conjunction with the Raised Toilet Seat. The two products complement each other and greatly enhance safety and independence over the use of either product alone.

Installation

Read and follow carefully the manufacturer's installation instructions provided in your raised toilet seat box.

If the Manufacturer's, Physician's or Therapist's instructions differ in any way from those given here, follow their instructions explicitly. This material is for information purposes only and is provided by Enos Home Oxygen.